

Curriculum Planner Behavioral Health and Wellness 126 credit hours Min	Department of Psychology Illinois Institute of Technology
Major – Behavioral Health and Wellness PSYC 100 (3) or LCHS 100 (3) or SSCI 100 (3) PSYC 221 Introduction to Psychological Science (3) PSYC 204 Research Methods in Behavioral Science (4) PSYC 310 or SOC 208 Social Psychology (3) PSYC 330 Health Psychology (3) PSYC 409 Psychological Testing or SSCI 480 Introduction to Survey Methods (3) SOC 200 Introduction to Sociology (3) SSCI 321 Social Inequality (3) COM 421 or 428 or 435 (3) PSYC 485 Capstone Project (3) Behavioral Health & Wellness Electives (27 CR). 12 CR from one area of specialization (Health Psychology, Public Health or Nutrition) and at least 3 CR from each of the other two specializations. The remaining 9 credits may be taken from any specialization or from the other Behavioral Health and Wellness Electives. <u>Health Psychology Specialization:</u> PSYC 303, 312, 360, 363, 365, 370, 380*, 381*, 414, 435, 436, 460, 465 <u>Public Health Specialization:</u> PSYC 350, SOC 385*, SSCI 225, 318, 319, 325, 385*, 486 <u>Nutrition Specialization:</u> FST/FPE 201, FDSN 300, FDSN 301, FST/FPE 401, FDSN 405 <u>Other Behavioral Health & Wellness Electives:</u> PSYC 301, 320, 370, 410, 411, 412, 423, 455, BIOL 305, BIOL 430 <div style="text-align: right;">58</div>	
Mathematics Four credits at MATH 119 or above. PSYC 203 (4) <div style="text-align: right;">8-10</div>	
Computer Science Suggested - CS 110 (2) or CS 105 (2) <div style="text-align: right;">2</div>	
Natural Sciences See core curriculum guidelines; 2 different sciences, 2 from same discipline <div style="text-align: right;">10-11</div>	
Humanities 200-level <div style="text-align: right;">3</div>	
Human Science Module See bulletin. <div style="text-align: right;">18</div>	
IPRO <div style="text-align: right;">6</div>	
Free Electives <div style="text-align: right;">18-21</div>	
<div style="text-align: right;">Total Hrs to be Completed 126+</div>	
<small>*Seminar and topic courses may be used if relevant to behavioral health and wellness. Advisor approval required.</small>	