# ILLINOIS INSTITUTE OF TECHNOLOGY 

## Undergraduate Studies Committee

Periodic Curricular Review

Academic Unit
Psychology

## Program

## Behavioral Health and Wellness

## Major Requirements in Academic Unit

Number of credit hours where a specific course is listed
14
Number of credit hours where a course is selected from a defined list 6

## Major Requirements outside of Academic Unit

Number of credit hours where a specific course is listed
6
Number of credit hours where a course is selected from a defined list 5-6

## Technical Electives

Number of credit hours of technical electives and how are they defined 30

## Free Electives

Number of credit hours of free electives
15-18

## How do students satisfy the core curriculum requirements?

Does the program specify any of the courses that count for the core curriculum?
© Yes
O No
What changes have been made to the program in the last 5 years--or since the last UGSC review--and why? How do these changes provide evidence of a process of continuous improvement? Please show how assessments were used in supporting these changes.

Formalized having students taking a specialization in Social Science or Food Science and Nutrition to take their capstone course in that department.

Changed math requirement from 8 credits to 7 credits because the combination of PSYC 203 (4 credits, statistics) and Math 122 or above (often Math 130 or 131; 3 credits) appropriately prepare students for the degree program. It also helps them avoid taking an extra MATH course, or a course that is more advanced than necessary (e.g., MATH 151).

Improving communicating with students about the accelerated masters programs (in Industrial/Organizational psychology and Rehab and Mental Health counseling), letting them know early that they can work towards a masters degree as an undergraduate. This has resulted in increased numbers of students in these programs.

If no changes have been made, please indicate that, and indicate why as well. If no changes were made, what other evidence of a process of continuous improvement can be provided?

What are the common challenges students face to complete the program?
Coordinating when courses required for the degree are offered in other departments

Large waitlists preventing students from enrolling in courses according to schedule due to high university demand and low resources to cover courses;

Outside challenges (mental health issues, financial stress, COVID-19 related stress) impacting students' academic performance

How many students have enrolled in the program over the last 5 years?

